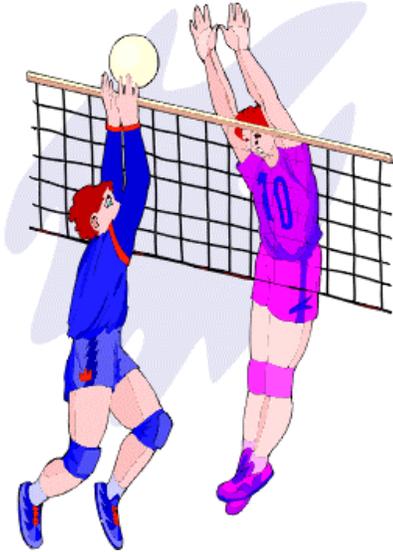


Sports Extravaganza



August 2002

All-Star Opening

Materials needed: 10 stars, each with a letter that spells out “Do Your Best.” The part to be read can be written on the back of each one.

Narrator: Welcome to our night of All-Stars! Cub Scouts truly are All Stars because of their attitude, their determination, and their keeping the Cub Scout motto.

(Each boy comes forward in turn, displaying his letter star while saying his part.)

- D Doing for others in need
- O One country, allegiance and creed

- Y Yes, a response we give
- O Oath that we pledge to live
- U Under one flag we all stand
- R Ready to defend our great land.

- B Beauty, we see it each day
- E Eagerness we all should display
- S Service, and love toward others
- T Thankfulness for making us brothers.

(Present the flag and invite the audience to join in the Pledge of Allegiance.)

The Olympics Opening Ceremony

Cubmaster: Let the games begin with the grand march into the arena.

(Each den enters, carrying their den flag. Boys may carry flags of different nations they have drawn. Dens stand in a semi-circle around the Cubmaster.)

Cubmaster: Bring on the Olympic flame!

(A solitary runner enters bearing the “flame” (an upturned flashlight decorated to resemble a torch). He runs around the arena, then hands the flame to the Cubmaster.)

Cubmaster: It is customary in the Olympics for the athletes to recite the Olympic Oath. Tonight, our Committee Chairman will lead the Cub Scout athletes in our version of the Olympic Oath.

Committee Chairman: Scouts, please make the Cub Scout sign and repeat after me:

We promise
That we will take part
In these Olympic games
In the true spirit of sportsmanship
And that we will respect and abide
By the rules that govern them
For the glory of the sport
And the honor of our den.

Cubmaster: Let the games begin!

Young Athlete's Bill of Rights Closing

This ceremony can be read by the Cubmaster, by various boys assigned to present the points, or by parents and leaders.

Cubmaster: Thank you for coming to our Sports Extravaganza! Before the games get underway, I would like to share with you the Young Athlete's Bill of Rights.

Cub Scout athletes are all protected by this Bill of Rights, which has been prepared by physical education experts and should be an integral part of every pack program. The Bill of Rights was created to insure that all Cub Scout athletes have a positive experience while learning new skills and doing their best in some of our nation's favorite sports activities.

Each Cub has:

1. The right to participate in sports.
2. The right to participate at his own ability.
3. The right to qualified adult leadership.
4. The right to a safe and healthy environment.
5. The right to share in leadership and decision-making.
6. The right to play as a child, not as an adult.
7. The right to proper preparation.
8. The right to equal opportunity to strive for success.
9. The right to be treated with dignity.
10. The right to have fun.

All-Star Advancement Ceremony Ideas

Set up a display table in front of the room. Put awards in small bags and attach to the back of stars, with the boys' names (and, if you wish, their pictures) on them.

Tonight, we are here to honor the All Stars of Pack _____. These boys have practiced and sweated and deserve recognition for their excellence, their diligence and their accomplishments.

(Choose the stars one at a time.)

We would like to call up All Star _____ and his coaches—his family. He really hit it this month, and earned his _____.

Next, we have All Star _____ and his coaches. He was really on the ball this month and is receiving his _____.

Now in the lineup is All Star _____ with his coaches. He made a real slam dunk with his _____ award.

Then, we have All Star _____ who really tackled a lot this month with earning his _____. Bring your coaches forward, please.

Last, but not least, we have All Star _____, with his coaches. He really kicked into gear this month and scored a GOOOOOOAAAALLLL! while earning his _____.

Other suggestions:

His performance was better than par—he hit a hole in one!

He made a big splash in the Cub Scout pool.

He sprinted to the finish line.

He rolled strikes and bowled a perfect game.

He really aced the serve.

Note: you may wish to bring along sports equipment to use as props, or mini versions of balls, baseball bat, sport shoes, etc, to give the boys as mementos.

A Few More Ideas

1. Have boys run a mini obstacle course, finishing at the place where they receive their awards.
2. Place awards on ribbons, and have the boys stand on a “winner’s stand” (decorated sturdy box) to have their awards hung around their necks by their parents.
3. Make or purchase small trophies for the champions who have earned awards this month. Check your local thrift shop for inexpensive ones you can paint/decorate.
4. Invite a local high school or college sports star or coach to give a short inspirational talk and present awards.

A Day at the Ball Game

JOHNNY – Cheer, cheer!

UMPIRE – What an eye!

DEN LEADER – Happy, happy!

BARNEY (MCGOOGLE) – Our hero!

One fine day, JOHNNY’s DEN LEADER decided to take the den to a ball game. JOHNNY was excited because his idol, BARNEY MCGOOGLE, was playing that day. The DEN LEADER and some of the parents loaded all the boys into their cars and headed for the ballpark.

On the way to the game, the DEN LEADER pointed to a man in another car and asked, “Why would a person put on such a dark suit on such a warm day?” JOHNNY looked at the man and exclaimed, “He’s an UMPIRE! I wonder if he’s going to the game, too.” Sure enough, when BARNEY MCGOOGLE and the other players ran onto the field, out strolled the same UMPIRE who JOHNNY and his DEN LEADER had seen on the way to the game.

When BARNEY ran out to his position, JOHNNY and all the other people cheered, for they knew BARNEY was a great player. The UMPIRE called, “Play ball!” Everyone was on the edge of their seats as the pitcher took his sign, wound up, and delivered his first pitch. “Crack!” went the bat and a towering fly ball as headed toward BARNEY. Back BARNEY MCGOOGLE ran, nearer and nearer to the fence, until he was right up against it. At the last second, he made a great leap into the air and the ball thudded into BARNEY’s glove. JOHNNY, his DEN LEADER, and all the fans cheered as the UMPIRE signaled, “He’s out!” The pitcher then struck out the next two batters, with the UMPIRE calling the strikes very loudly.

Now it was BARNEY’s team’s turn at bat. JOHNNY was hoping BARNEY would hit a home run. The first man up cracked a single. The next man also singled, and now, BARNEY MCGOOGLE stepped up to the plate. JOHNNY, his DEN LEADER, and all the other fans were cheering for BARNEY to hit a good one. “Strike one,” called the UMPIRE, and JOHNNY’s heart sank. The pitcher took his sign, checked the runners, wound up, and delivered. “Crack!” went the bat and JOHNNY knew BARNEY had hit a long one. Back, back, back went the fielder, clear to the wall. He leaped, but the ball hit the wall above him. BARNEY was churning his wheels around first, around second, heading for third.

In came the ball and BARNEY hit the dirt. “Safe!” yelled the UMPIRE. JOHNNY, his DEN LEADER, and all the fans in the stadium cheered. JOHNNY was happy because, although his idol hadn’t hit a home run, he had hit a triple—the next best thing. JOHNNY, his DEN LEADER and all the rest of the den and parents went home smiling.

A New Sport

Have a den line up on stage. One Scout steps forward and, acting as a narrator, announces that this is the first exhibition of a new Olympic event. This is the cue for the rest of the Scouts to grin as widely as possible. The narrator announces that this event is called the Standing Broad Grin.

The Football Game

A group of boys are discussing a football game. Insert the name of your local high schools or favorite pro teams in the blanks.

Boy 1: I sure hope that the _____ win.

Boy 2: Well, I'm sure that the _____ will win.

Boy 3: Why, the _____ will beat 'em 40 to nothin'.

Boy 4: I can tell you the final score of the game before it starts.

The others: Oh yeah? How can you? You're not psychic, are you?

Boy 4: The final score of the game before it starts? It's nothin' to nothin' of course.
(Others chase him off stage.)

APPLAUSE

The Ball Applause: Hold any kind of ball in your hands. When you are holding the ball, everyone is quiet. When the ball leaves your hands, everyone goes wild and cheers. Try bouncing the ball, faking a throw, or tossing it to another person.

Home Run Applause: Pretend to swing a bat, shade your eyes with your hand, and yell, "There she goes!"

Pole Vault Applause: Stand two fingers of one hand on your other arm like legs. Run them down the arm to the wrist, then "jump" into the air. As you bring your hand down, clap.

RUN-ONS

Cub #1: Is this water healthy for swimming?

Cub #2: Sure, it's well water!

Cub #1: What do baseball players eat on?

Cub #2: Home plates!

Tiger Cub: What's the quietest sport in the world?

Den Leader: I don't know.

Tiger Cub: Bowling. You can hear a pin drop.

WEB SITES

<http://www.gameskidsplay.net>

<http://www.kidsdomain.com/sports/index.html>

<http://www.sikids.com/games>

Rotten Reeboks

Rotten Reeboks, dirty sweat socks,
Generating toxic fumes,
I've seen flies dead, struck in mid air
Fatal venture to his room.

In my brother's bedroom closet
Stinkarooning like refuse
Dwelt a size 10 pair or sneakers
With a smell you couldn't lose.

Aging tennis, in a corner
Turning the air a bluish green,
Hope the county doesn't visit
They'd condemn us sight unseen.

I've tried bug balm, lemon air scent
Even spray that smells like pine,
Must be something that can cut it,
Something strong, like turpentine.

Even weirdo, crazy mutt dog
Who has breath you can't adore,
Makes a wide turn, cuz his eyes burn,
Every time he nears the door.

"What's the big deal?" asks ol' big foot
None of his friends notice it.
"Proves they're brain dead," says my sister,
"Doesn't surprise me a bit."

"Not to worry," says my father
"Could be money after all,
"Pentagon might pay a bundle
"For the secret to it all."

Soda Bottle Bowling

Gather 10 empty 2-liter soft drink bottles. Fill each with a few inches of sand. Set up the “pins” in the traditional triangular shape, and take turns bowling with a soccer ball or something similar. (It would be a good idea to do a trial run, insuring the ball is heavy enough to push over the pins with a given amount of sand inside.)

Super Scoops

Give empty bleach bottles a purpose! Cut off the bottoms, then cut out the side portion below the handle, angling down toward the bottom. You can then use the scoops for tossing and catching balls or bean bags.

Tabletop Hockey

Cut a plastic berry basket in half. Invert one half and set it at one end of a table. Cubs can line up at the opposite end and try to score by flicking button pucks into the net.

What's in the Bag?

Materials needed: pillow case, assorted sports items (golf ball, tennis ball, Frisbee, tennis racket, baseball glove, etc.), paper, pencils, timer.

Fill the pillowcase with assorted sports items. Using a timer, allow each person 15 seconds to reach inside and feel what is in the pillowcase. Each person then writes down what he thinks is in the bag. Remind players to be specific—don't just write, "ball," but write "golf ball" or "basketball." Suggest they not share their findings with other players. The person with the most right wins a small prize.

Sports Mix-ups

Make 12 sets of sports cards using the words listed below. Write each word on a different color of paper, then cut out each letter. Mix up the letters to a word, then place them in a baggie. Divide the boys into small groups, and give each group a sports card baggie. On a signal, each group is to open their baggie and unscramble the letters to reveal what the sport is. All members of the group shout out the name of the sport (or, ask each team to be silent until they have spelled out their word). The winning group gets a small prize.

BADMINTON
CRICKET
TABLE TENNIS
SOFTBALL
TRACK AND FIELD
BASEBALL

BOWLING
VOLLEYBALL
SWIMMING
GYMNASTICS
RUGBY
HOCKEY

Variation: Make two sets of cards. Give each group the same word and see who can unscramble it first. Give points for the correct answer and award a small prize to the group with the highest number of points.

Bucket Bounce

Place an empty bucket in the center of the room. Each boy gets five tries to bound the ball into the bucket from a spot six feet away. Ball must stay in bucket.

Indoor Pong/Volleyball

You will need 2 paper plates per Cub Scout, paints or crayons, stapler with staples, and a ping-pong or foam ball.

Decorate the plates with paints or crayons. Staple the plates together, leaving an opening for the hand. This forms a paddle. Hit the ball around between players. Score 3 points each time an opponent misses or allows the ball to touch the ground. Winner is the first Scout to reach 21 points.

Variation: Tie a string between two chairs as a net. Hit a balloon across the net with the paddles and use volleyball rules.

Grand Slam Bacon Bats

6 bacon strips, halved lengthwise
12 crisp bread sticks (about 5 inches long)

Wrap a piece of bacon around each breadstick. Place on a rack in a baking pan. Bake at 375 degrees for 20-25 minutes, until bacon is crisp. Makes one dozen.

Extravaganza Howler

Freeze your favorite sports drink (in your favorite flavor) in an ice cube tray, and you've got the makings for a slushy treat. This one is made with Gatorade.

8 lemon-lime Gatorade cubes
¼ - ½ cup lemon-lime Gatorade or water

Drop the Gatorade cubes into a blender or food processor. Pour in the liquid Gatorade or water. Blend until slushy, adding more liquid, if necessary. Serves one.

Edible Gold Medals

Sugar cookie
Plastic wrap
8-inch gold doily (or sheet of gold wrapping paper)
Scissors
Clear tape
Large paper clip (1 ¾ inches long)
1 yard of red, white and blue ribbon

Seal the cookie in plastic wrap. To make the gold casing, use a doily or cut a circle from wrapping paper; the diameter should be about 4 inches wider than the cookie's (so there's a 2-inch border all the way around the cookie). Lay the doily or gold circle face down and center the cookie on top of it, flat side down. Fold the paper tightly over the edges of the cookie and tape it down. Lay the paper clip atop wrapped cookie, leaving ¼ inch of the clip peeking over the edge; tape in place. Thread the ribbon through the loop in the paper clip and knot the ends together.