Destination Parks







June 2005

JUNE 2005 - Destination Parks

America is blessed with an abundance of natural parks. Point out on a map where National or State Parks are located and why the land became a park. Learn the rules of safe hiking, about "hugging" a tree, and the Outdoor Code. Construct your own hiking stick and pack a backpack with personal first aid kit, food, water, insect repellent, sunscreen and a poncho. After exploring the trails at the local park or the council's Scout Camp, Scouts can tell what they saw. Work on a service project to improve the local park. Remember to leave the area better than you found it.



Websites:

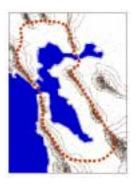
- National Park Service: <u>www.nps.gov</u> Official Website of the National Park Service.
- U.S. National Parks: <u>www.us-national-parks.net</u> Another site on the National Parks, although not affiliated with the U.S. Parks service. Lots of good information on all the National Parks.
- California State Parks: <u>www.parks.ca.gov</u> Official website of the California State Parks system.
- Reserve America: <u>www.reserveamerica.com/client/client_ca.jsp</u> Information on all the California State Parks and State Beaches. You can also make reservations for campsites at these parks, and get detailed maps of the campsites.

Free Stuff:

- Troy-Bilt Free "Great Gardens" Manual: <u>www.troy-bilt.com/JoinClub.jsp</u> Join the Troy-Bilt Club by filling out their survey and get a free "Great Gardens" manual filled with tips and techniques from expert gardeners on how to create your own great garden.
- U.S. Geological Survey Free Poster: <u>www.epa.gov/superfund/kids/poster.htm</u> They're offering FREE posters for kids. Visit the site for details as you either have to write to them ... or call their 1-800 number.

Bay Area Ridge Trail

The Bay Area Ridge Trail is a 500-mile multiple-use trail connecting parks and preserved open spaces along the ridgelines surrounding California's San Francisco Bay. More than half of the trail is complete, open to the public, and in use. There are short and flat trails for younger hikers, such as Cub Scouts, and there are longer, more advanced trails for the older hikers. For more information on the Ridge Trail and trail descriptions and maps of the many trails, see the Ridge Trail website: www.ridgetrail.org/trail.



A set of patches is available for Scouts who have hiked at least one trail in each of the four quadrants of the Bay Area Ridge Trail system. The North quadrant covers Sonoma and Napa counties. The East quadrant covers Solano, Contra Costa, and Alameda counties. The South quadrant covers Santa Clara and San Mateo counties. The West quadrant covers San Francisco and Marin counties. The patches are available from the Scout Shop.



Youth Science Institute

Alum Rock Park, Sanborne Park, and Vasona Park are county parks that have easy hiking trails for the Cub Scouts and young children. Cap off your hike with a visit to each of the Youth Science Centers, where you can see a nice collection of live animals, reptiles, amphibians and birds. Call ahead to find out about their science and nature programs, and personal tour for your group. See the Field Trips section for more information.







National Parks Match-Up

Match these National Parks to the state in which they belong.

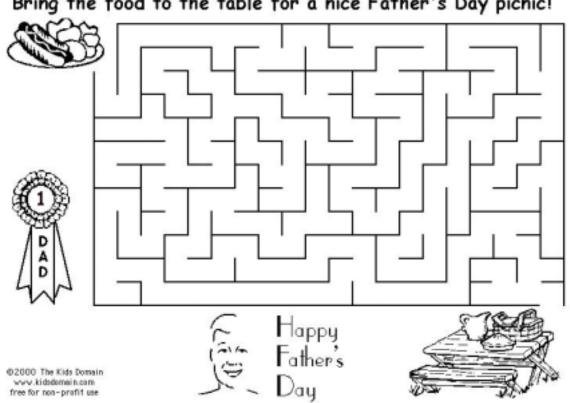
1.	 Badlands NP	A. Alaska
2.	 Crater Lake NP	B. Arizona
3.	 Denali NP	C. Colorado
4.	 Everglades NP	D. Florida
5.	 Glacier NP	E. Montana
6.	 Grand Canyon NP	F. Oregon
7.	 Great Smokey Mountains NP	G. South Dakota
8.	 Olympic NP	H. Tennessee
9.	 Rocky Mountain NP	I. Utah
10.	 Yellowstone NP	J. Washington
11.	 Zion NP	K. Wyoming

Solution: 1-G, 2-F, 3-A, 4-D, 5-E, 6-B, 7-H, 8-J, 9-C, 10-K, 11-I

Fill in vowels in the spaces below to reveal the National Parks that are located in California:

$L _ S S _ N$	R _ D W D
s _ Q	Y _ S _ M _ T _
J _ S H T R	
K_NGS C_NY_N	158
DTHV_LL_Y	
CH_NN_L_SL_NDS	
Solution: LASSEN, REDWOOD, SEQUIOA, YOSEMITE, JOSE KINGS CANYON, DEATH VALLEY, CHANNEL ISI	

Father's Day Picnic Maze



Bring the food to the table for a nice Father's Day picnic!

Tree Changers

Change one letter in each of these words to find the names of trees:

- 1. MINE
- 2. FIT
- 3. MARCH
- 4. YES
- 5. PILLOW
- 6. BENCH
- 7. OAR
- 8. HATE
- 9. ELK
- 10. ASP
- 11. PALS
- 12. JOLLY



Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover.

"Take only pictures; Leave only footprints; Waste only time." - Unknown

"The farther one gets into the wilderness, the greater is the attraction of its lonely freedom." – Theodore Roosevelt

"It was like lying in a great solemn cathedral, far vaster and more beautiful than any built by the hand of man." - – Theodore Roosevelt, on camping in Yosemite *"In 'Scout', there is 'out'."* – Lord Robert Baden-Powell

"The open-air is the real objective of Scouting and the key to success." – Lord Robert Baden-Powell

"Don't step on anything you can step over; Don't step over anything you can step around." - Unknown

"When we try to pick out anything by itself, we find it hitched to everything else in the universe" - John Muir

Ceremonies

Cub Scout Garden Opening

Have Cub Scouts make signs and carry them out as the vegetables are announced:

Narrator:

First plant five rows of Peas:

- 1. Preparedness
- 2. Promptness
- 3. Perseverance
- 4. Politeness
- 5. Praise

Next to them, plant 3 rows of squash:

- 1. Squash impatience
- 2. Squash criticism
- 3. Squash indifference

Then plant five rows of lettuce:

- 1. Let us be Faithful
- 2. Let us be Unselfish
- 3. Let us be Loyal
- 4. Let us be Truthful
- 5. Let us help one another

No garden is complete without turnips:

- 1. Turn up for Pack meetings
- 2. Turn up with a new idea
- 3. Turn up with determination

Without the help of every person in our Pack, our garden will turn to weeds. So help us build the background, work the soil, pull the weeds, and spread the sunshine so that in the garden of Pack ______, we can say, "We have done our best."

Trails and Tracks Opening

Props:	Lay cutout tracks of the various animals – Tiger, Bobcat, Wolf, Bear, and Webelos. Mix the tracks and use different bright colors.
Setting:	A den consisting of multiple ranks (i.e. One from each rank) is going on a hike, some with backpacks, walking sticks, compass and map.
Tiger:	Wow! Look at these tracks – Let's follow the path they make!
Wolf:	Another wolf has been here. I have started the trail, but I wonder where it leads.
Bear:	I just got up from hibernation. I sure hope this trail leads to Food. Look – it must – other bears have taken it.
Webelos:	Look at the humanlike footprint, but it's different. (He steps down and then looks at his print.) Why, it's a Webelos path!
ALL:	Now I know, this is the Cub Scouting Trail! Let's all go! (They exit)

Outdoor Trail Advancement

Make some Bobcat, Tiger, Wolf, and Bear footprints and make or purchase large Webelos patch (stick-on). Put the footprints down on the ground and have the Cub Scouts stand beside the footprint of the rank they currently hold. Then walk the footprints to the new rank they have attained. You can also put arrows behind the footprints to show how many arrows they have earned under that rank. Each time they earn a new arrow point, they advance to a new arrow under that rank.

For a Webelos receiving his Arrow of Light or graduate, make a plaque out of some leather and sticks, and write something like this:

Let it be known that <u>(Scouts's name)</u> graduated from Pack _____ with Arrow of Light, Cub Scouting's highest rank.

Decorate the plaque with beads and/or feathers.

Boy to Tree Advancement

Props: Large cardboard trees; Small sapling or plant to attach awards to (one per boy)

Cubmaster: Tonight we come together to observe the growth of our young trees. Many of the trees in our forest (the Pack) have added another ring to their trunk this past year, and throughout the year they have been pushed and blown around, rained on and have been shined upon by the warm sun. They've received care and pruning from the forest keepers (the Leaders) and most importantly they've had the soil of Mother Earth (their Parents) to support, feed and provide a foundation for a strong home to live and grow in.

- Den Leader: I am the Forest Keeper, I have seen the good a tree does for our community, I have watched it provide many things to us, things like homes for our families, shade in the summer heat, warmth from a wood campfire, paper to write on, homes for many animals and birds, and most importantly, the oxygen we breathe.
 Cubmaster: We must protect our trees and help them grow. But, right now we need to award our trees for their growth
- right now we need to award our trees for their growth. Would ______ and their parents please come forward. (Present award to the parents to give to the boy, give tree or plant to each family, ask them to take it home, plant and care for it)



Cubmaster's Minute

Did you ever pause to think about how helpful a tree is? It provides a nesting place for birds, shade from the sun, and protection from the rain. It discards its dead branches, thus providing wood for building fires and for cooking food. A tree adds beauty to the countryside and to camping areas. We must admit that a tree gives a lot more than it receives. We can learn a lesson from the tree, by doing our best to always be helpful to others and by putting our fellow Scouts first and ourselves second. Remember the lesson we learn from the tree, to give to others more than we receive.

Closing Ceremony

Cub Scouts, Den Leader and Den Chief stand in a circle with the American flag in the middle. Repeat the following in unison:

Care for my world, for birds that fly (flap arms) For fish that swim (swimming motion)

Care for my world, for frogs that hop (hop like frog) And bees that buzz (buzz like a bee)

Care for my world, for cows that moo (moo like a cow) And cats that meow (meow like a cat)

Care for my world, For flowers that look and smell so sweet (form hands and arms to flower shape and smell) And butterflies that flutter-flutter-flutter by (hook thumbs together and flap fingers like wings)

Care for my world, I'm putting you in charge.

Run-Ons

- What would you have if Mount Rushmore threw a football to Pike's Peak?
 A mountain pass.
- What's the wettest mountain in the world?
 Mount Rainier.
- Why wouldn't the skeleton climb the mountain?
 - He didn't have the guts to do it.
- Where is Smokey Bear's hat?
 - On top of old Smokey.



<u>Skits</u>

The Ants

- Characters: 6 to 8 Cub Scouts
- Props: Paper Sacks

Setting: Skit opens with the boys standing together in a backyard. Cardboard cutout trees and bushes could be used.

- Cub 1: Gee, there's nothing to do.
- Cub 2: Yeah, I know.
- Cub 3: Hey, let's have a backyard picnic.
- All: Yeah!
- Cub 4: But it's going to rain.
- Cub 1: I don't think so. If it does, we can eat in the house.
- Cub 2: I'll bring the potato chips.
- Cub 3: I'll bring the hot dogs.
- Cub 4: I'll bring the hot dog buns.
- Cub 5: I'll bring the drinks.
- Cub 6: I'll bring something special!

(All walk offstage and come back carrying sacks)

- Cub 2: Here are the chips.
- Cub 3: Here are the hot dogs.
- Cub 4: Here are the hot dog buns.
- Cub 5: Here are the drinks.
- Cub 6: (Drops the sack) Oh, no!
- Cub 5: What's wrong?
- Cub 6: I brought the ants!





Climb That

Two Scouts meet, and the first begins to brag that he can climb anything.

- Scout 1: Can you climb that tree?
- Scout 2: Sure, I've done it lots of times.
- Scout 1: Can you climb the steep hill over there?
- Scout 2: No sweat, no problem for me.
- Scout 1: How about the Empire State Building?
- Scout 2: Been there, done that.
- Scout 1: How about Mount Everest?
- Scout 2: Boy, that was a cold day. I've done that too. I told you I am the world's greatest climber. I can climb anything!
- Scout 1: I'll bet you ten bucks I can show you something that you can't climb.
- Scout 2: You're on!
- Scout 1: (Pulls out a flashlight and shines the beam up into the sky) All right, climb that!
- Scout 2: Are you crazy? No Way!
- Scout 1: I knew you would back out, now pay up!
- Scout 2: I won't pay because it's not fair. I know you. I'd start climbing, and I'd get half way up and you'd turn the flashlight off!

The Infantry

A scout runs into a camp of soldiers yelling, "The infantry is coming! The infantry is five miles away!" The soldiers look up, mumble, and act nervous.

A second scout runs into the camp of soldiers yelling, "The infantry is coming! The infantry is one mile away!" The soldiers stand up and start gathering their gear.

A third scout runs into the camp of soldiers yelling, "The infantry is coming! They're just over the hill!" All the soldiers scream and run away, in the opposite direction that the scout came from.

Two people run in from the direction the scout came from, carrying an infant tree. They run after the soldiers.





Limericks

Young Farmer of Leeds

There was a young farmer of Leeds Who swallowed six packets of seeds. It soon came to pass He was covered with grass, And he couldn't sit down for the weeds.

Three Birds in the Wood

There were three little birds in a wood, Who always sang hymns when they could. What the words were about They could never make out, But they felt it was doing them good!

Songs

Way Down Yonder

This is an echo song, in which a leader sings one line at a time and the others repeat after him. To make this song extra funny, try saying the word whooping in a funny way. Say it high-pitched and silly. See if the others repeat it the same way.

Away down yonder
Away down yonder
Not so very far off
Not so very far off
A blue jay died
A blue jay died
Of a whooping cough
Of a whooping cough
Well, he whooped so loud
Well, he whooped so loud
From his whopping cough
From his whopping cough
That he whooped his head
That he whooped his head
And his tail right off
And his tail right off



Magic Flower Transfers

Transfer the image and color of real flowers onto a tee shirt.

Supplies: Fresh flowers (impatiens, geraniums & pansies work well), Rubber mallet, Clear plastic wrap, 100% cotton tee shirt

Directions:

- 1. Place the flowers into an interesting pattern face down on the cotton fabric.
- 2. Cover the flower design with a layer of clear plastic wrap.
- 3. Gently hit the flowers with the rubber mallet, being careful not to miss any parts of the flowers. Try not to hit the flowers too hard, or they may fall apart.
- 4. Remove the plastic wrap and flowers from the fabric to reveal your Magic Flower Transfer.

Tips & Tricks:

- Try the Magic Flower Transfers on paper and envelopes to create cool stationery.
- Experiment with cloth napkins and pillowcases.

Plant Hanger

Supplies: A 2-liter plastic soda bottle, (2) 15" pieces of yarn, A 2" metal or plastic ring, Variety of pictures from magazines, Glue, Hole punch, Potting soil

Directions:

- 1. Cut plastic bottle in half.
- 2. Punch a hole on each side of bottle with the hole punch.
- 3. Loop yarn around ring.
- 4. Tie loose each end of yarn to holes in bottle.
- 5. Glue on picture.
- 6. Fill with potting soil and plant a seed or plant.
- 7. You can leave the yarn off and use it for a knick-knack catcher and give it tot Dad on Father's Day.

Greenhouse in a Bag

Supplies: Small plastic Ziploc bag, 3 wet cotton balls, 2-3 large seeds (Beans work well), Clear tape

Directions:

- 1. Place the wet cotton balls in the Ziploc bag with the seeds placed against them,
- 2. Seal the plastic bag and tape it to a window where there will be lots of sunlight. Your seeds should begin to sprout in about 3-5 days.

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- 3. After your sprouts grow to at least 1 inch, they can be transplanted to soil, so the plant can continue to grow.
- 4. Make several Greenhouses in a Bag, using different kinds of seeds. Watch the seeds and record, which ones sprout first, and how fast they grow.

<u>Blast Ball</u>

Supplies: 12 inch balloon, Woman's nylon stocking leg or knee high stocking, Water

Directions:

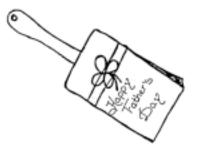
- 1. Place the balloon inside the nylon.
- 2. Put the balloon over the end of the water faucet and fill with approximately 3 Tbsp. water.
- 3. Blow up the balloon with air until it is 6-8 inches wide. Tie the balloon shut.
- 4. Carefully push the balloon down into the toe section of the stocking.
- 5. Tie a knot in the nylon just below the balloon, leaving a long tail.
- 6. Play with the blast ball in a grassy area, keeping it away from sharp objects. Grab it by the tail and swing it through the air.



Paintbrush Note Pad

Supplies: 3" wide paintbrush, 3" notepad, 1" wide ribbon (8-12" long), Pencil, Yarn, Glue

- 1. Remove chrome band from paintbrush and remove bristles.
- 2. Insert notepad and replace the chrome band using pliers to tighten.
- 3. For trim, tie ribbon around the chrome and make a bow.
- 4. Put yarn through brush hole to hand tie.



Fruit Totem Pole

Supplies: Honeydew Melon; Other fruit (such as Apples, Oranges, Lemons, Pears, etc.); 1/4" dowel; 2' long Cord; construction paper, Felt-tip markers, toothpicks

- 1. Put honeydew melon on bottom of totem pole. Coil cord snugly around bottom of melon to keep it from rolling.
- 2. Insert dowel into middle of melon.
- 3. Push other fruit onto dowel.
- 4. Use markers and paper faces, arms, wings to decorate fruit. (Use toothpicks to attach paper to fruit)



Hiking Games

Mystery Hike

Write out a series of clues to be solved. Each clue leads the group to a spot where the next clue is hidden. With a large group, divide into teams of three or four people and start each team at different points or at different times. Explain that they must leave the clues where they found them. Keep a master list of all clues and the places where they are hidden. The hike should end with some kind of surprise such as a treat, campfire, etc.



Sounds

While resting on a hike, or at any quiet time, ask each person to be very still and write down every sound they hear during a five-minute period. The lists will vary, and it will be fun to see who has the keenest ears. You may hear the rustle of leaves, chirping of a cricket, bird sounds, a snapping twig, the wind and other sounds. Bring pencils and paper for listing the sounds.

Quest



Make a list of probable "discoveries" which may be found on a hike. Give a copy to each hiker or team of four to six people. For the novice hikers, the list may include such things as two kinds of spider webs, a bird's nest, or winged seeds. For more experienced hikers, the names of specific plants or animals may be given. Give each item a score value according to the difficulty in finding it, such as spider

web=1, bird's nest=5. The person with the highest score at the end of the hike is the winner. When discovered, the objects are pointed out to everyone, and only the discoverer gets the score. For a variation of this game, divide the group in half, and ask one group to look for listed objects on the right side of the trail, and the other on the left.

Autumn Leaves

In this game, players must move a leaf without using their hands. Have each player find a big leaf – dry warped leaves work best for this game. When everyone has found a leaf, mark a starting line and a finish line about 15 feet apart. Vary the distance of the lines, based on the age of the players. Players line up, on all fours, at the starting line with their leaves in front of them. At a signal, players move their leaves forward by



blowing on them. Players blow their leaves to the finish line without touching them with their hands. The first player to get his leaf across the finish line wins.

Popcorn Race



This is an outdoor game that can be played at a park picnic with your den or Pack. Prepare a plastic cup for each player by poking a hole in the center of the bottom of each cup and pushing a sturdy rubber band through the hole. Snag a large paper clip so it doesn't slip back through the hole. Give each player 2 prepared cups, and have the players attach the cups on top of their feet, secured by the rubber band around their shoes. Divide the players into two teams. Set up two buckets about ten yards away, side by side and five feet

apart. Fill each player's two cups with popcorn. Players race to the bucket and without using their hands, try to empty as much popcorn from each cup on their feet into the bucket, without spilling any of the popcorn on the way to the bucket. After depositing the popcorn, players race back to the start and the next players in the line repeat. The team with the most popcorn in the bucket wins.

<u>Kainsish</u>

According to American Indian lore, this dice game was played by four mythological figures: *Kokomat* (mud, made of the Earth by the Sky), *Kokomat hairk* (Kokomat's brother), *Hatelowish epish* (Coyote man, made of the Moon by the Sun), and *Quokosh epash* (Fox man, also of the Moon by the Sun). After a great flood had destroyed all life on the Earth, these four individuals were competing to gain control of an earthen jar, which contained the seeds for the next (the fourth) generation. When none proved superior in races, they decided to play "Kainsish," a dice game. While they were playing – and it was said that Coyote and Fox were cheating and quibbling the whole time – Kokomat secretly instructed a red-headed woodpecker to carry away all the seeds in his bill to the four corners of the Earth. Thus sprang up the fourth generation.

Supplies:

- Four throwing sticks, about 7" in length. One side flattened and painted red, the rounded side is painted white.
- One striking stone is used, which is held in the hand.

Rules:

- 1. Number of players is unlimited.
- 2. The player holds the sticks vertically in the right hand, and strikes them from beneath with a stone held in the left hand. The impact shoots the sticks into the air and when they fall to the ground the count is taken.
- 3. The object of the game is for one player to accumulate a score, which is agreed upon before the start of play.

Score:

- Four flat sides up 1 point
- Four round sides up 2 points
- All other combinations 0 points

Toasted Trail Mix

Supplies: A large frying pan, spoon, large bowl

Ingredients:

- 1 Tblsp. Vegetable oil
- 1 cup spoon-sized shredded wheat
- 1 cup toasted "O" cereal, such as Cheerios
- ¹/₂ tsp. seasoned salt
- 1 cup short pretzel sticks
- ³/₄ cup toasted peanuts or soybeans (optional: Check for allergies)

Directions:

- 1. Pour the vegetable oil into the frying pan and heat at the lowest setting. Add the two cereals and stir until lightly toasted.
- 2. Sprinkle with salt.
- 3. Remove the frying pan from the heat and add pretzels and peanuts or soybeans (if desired).
- 4. Stir the mixture thoroughly and let cool. Pour into a large bowl and serve, or pack into plastic bags for the trail.

Take a Hike Salad

Ingredients:

- Large apple
- Filling 1: Peanut butter, raisins
- Filling 2: Cottage cheese, raisins, nuts

- 1. Cut the top off a large apple and have an adult core the apple.
- 2. Fill center with:
 - Peanut butter and raisins, or
 - 2 tablespoon of cottage cheese, one tablespoon raisins, and one tablespoon of nuts, or
 - A filling of your own invention. You might try chocolate chips, honey, yogurt, marshmallows, sunflower seeds, chopped celery, tuna fish or cheese.
- 3. Hold apple in your hand and eat it on your hike.





Moose Lips

Ingredients:

- Apple with red skin (do not peel)
- Peanut butter
- Mini-marshmallows

Directions:

- 1. Carefully cut apple into eight pieces.
- 2. Remove the core from each piece by cutting out the center area that contains the seeds.
- 3. Spread one side of each apple slice with peanut butter.
- 4. Push a row of mini-marshmallows into the peanut butter of 4 apple slices.
- 5. Top each slice with another apple slice, peanut butter side down, matching top and bottom shapes. You should have something that looks like a moose mouth staring back at you!

Birds Nest Breakfast

Ingredients:

- 1 large navel orange, with thick skin
- ¹/₂ cup canned shoestring potatoes (crunchy kind)
- ¹/₂ cup chopped ham or sliced ham lunch meat
- 2 eggs
- Salt and pepper
- 1 Tbsp. milk or water

- 1. Cut the orange in half.
- 2. Using a spoon, scoop out the inside of the orange, and place this into a bowl and set aside to have with breakfast.
- 3. Combine the eggs, a dash of salt and pepper, and a tablespoon of milk or water in a 1-quart, sealable Ziploc plastic bag. Seal the bag shut.
- 4. Gently squeeze and shake the egg mixture until yolks are broken and everything is mixed.
- 5. Pour half of the mixture into each orange shell.
- 6. Using long-handled tongs, gently set shells on the grill.
- 7. Cook until eggs are firm, for about 10 minutes, and remove the shells from the grill with the tongs.
- 8. Mound the shoestring potatoes onto a plate. Top with ham. Then scoop egg out of shell onto potatoes and ham.





Ant Hill Cake

Ingredients:

- 30 Oreo cookies
- 20 vanilla wafers
- 13 ounces bag small peppermint chocolate patties
- 2 pints vanilla ice cream

Directions

1. *Base:* Place Oreo's in food processor and process to coarse texture. Add peppermint patties and process to coarse texture. Coat a 10 in. springform pan with cooking spray, add cookie mixture and press down gently to coat bottom and up 1/2 in. on the sides. By spoonfuls, add ice cream. Use back of a spoon to smooth ice cream evenly on the top. Cover with foil and freeze overnight.



10 chocolate covered almonds

• 1 tube black gel icing

• Candy corn for garnish

10 round chocolate covered caramels

- 2. *Anthill:* Place vanilla wafers in food processor and blend until smooth. Place in a sealed bag until needed and store at room temperature.
- 3. To Assemble: Remove rim of springform pan and place cake on serving platter. On one side of cake, slowly pour vanilla wafer crumbs to form a mound, or "anthill."
- 4. Arrange "ants" on cake using one chocolate covered almond for each body and one chocolate covered caramel for each head. Pipe on eyes and legs with gel.
- 5. Garnish with candy corn.

Ice-Cream Flowerpot

With an ice-cream treat that looks like a flowerpot, you can invite your Scouts to go ahead and eat the daisies.

Ingredients:

- 3 Tbsp. chocolate cookie crumbs
- 1 scoop chocolate ice cream
- Green sprinkles

- 1. To make the "dirt," place 1 tablespoon of the chocolate crumbs into the bottom of a clear plastic cup. Add a scoop of softened chocolate ice cream, followed by a second layer of cookie crumbs.
- 2. For the grass, sow green sprinkles on the top.
- 3. Place a straw (cut to a 6-inch length) into the center of the flowerpot and freeze.
- 4. Make a flower by sticking gumdrops and cookies or peanut butter cups together with toothpicks.
- 5. To serve, press the flower into the straw. Add a candy spearmint leaf. Makes 1 pot.

- Gumdrops
- Cookies or peanut butter cups
- Candy spearmint leaf