



FAMILY MEMBER

DEN MEETING IDEAS

- Make a list of fun activities of little cost and do them over several den meetings.
- Have the boys make a chart showing the jobs of all members in their homes. Have them bring the chart to the meeting and tell what jobs they are taking on for the next two months, and how they will do them.
- Have the boys fix a meal and invite the parents to your meeting for a feast! The boys should plan the meal, shop for the food, and cook.
- Plan a family game night. Each family brings a game and takes part in sharing the game with another family. The boys could invent games for the families to play.
- Have a contest folding the laundry.
- Have a sewing contest. Give each boy a small piece of cloth, a button, needle, and thread. Have the boys sew a button on. Judging can be for speed, neatest job, most secure, etc.
- Have a cooking contest. Have each boy cook one dish and bring it to the meeting. They must be able to tell how they made the dish. You might even make a small recipe book that includes all the dishes that were prepared.
- Make a contest out listing things on which families spend money. See who can make the longest list. Talk about the lists and see what important expenses were omitted. Give one point for each item. Before the meeting, you might create a list of things the boys are likely to forget and, if they do include them on their own lists, give them two points for those items.
- Contact the police department and ask if someone could attend one of your meetings to discuss home security.
- Arrange for the local fire marshal or one of his investigators to visit your den and discuss or demonstrate fire safety in the home and community. They may also be able to provide a copy of a home inspection sheet.
- Call the local health department to see if they can provide information or a speaker about the dangers of trash and garbage piling up and ways in which your den might help the community to be a healthy and safe place to live.
- Visit your local financial institution to find out how the monetary system works. Tour the vault and safe deposit box area, and discuss how saving money as a family unit can be beneficial in the long run.
- Contact the local public utility companies or the environmental control agency to find out how your natural resources can be saved and what we as individual family units can do to conserve.
- With the help of a nutritionist, teach the boys to plan meals for the family. They should include all the basic food groups and the order in which they're needed. Plan a week's worth of meals for a family and visit a grocery store to price the food required to sustain this family.

FAMILY MEMBER HANDBOOK

Make a copy of the next 3 pages for each boy. Have the boys complete them at home and bring to the den meeting for review. Put all finished work together in a book for a pack meeting.



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FAMILY MEMBER HANDBOOK, continued

Fill in the blanks: I'm a VIP in my ____ ____ ____ ____ ____!
A FAMILY IS:



In return for the love and care of family, I have a duty to my family.
THIS DUTY IS:

FAMILY MEETINGS ARE:

It takes a lot of money to run a family. You can help save family money!
SOME THINGS OUR FAMILY SPENDS MONEY ON ARE:

_____	_____
_____	_____
_____	_____



WAYS I CAN HELP MY FAMILY SAVE MONEY ARE:

SAVING ENERGY

Saving energy helps your family save money and conserves our country's natural resources. List four things your family can do together to help conserve energy.



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FAMILY MEMBER HANDBOOK, continued

FAMILY TEAMWORK

A family is a team and each family member must share the load for the family to succeed!

NECESSARY FAMILY CHORES

PERSON RESPONSIBLE

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

OTHER JOBS I CAN DO

Personal cleanliness

Pick up after myself

_____	_____
_____	_____

TRASH & GARBAGE MUST BE DISPOSED OF PROPERLY BECAUSE:



FAMILY FUN

Having fun together builds family spirit and unity. List seven inexpensive family fun ideas that you and your family can do together. When your family has done each thing, put the date completed next to the idea.

INEXPENSIVE FAMILY FUN IDEA

DONE

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



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FAMILY MEMBER

FAMILY MEMBER HANDBOOK, continued

BE SAFE AT HOME

We can help keep our family from being hurt or injured in home accidents. With an adult, become your “Home Inspector.” Be sure to have an adult help you. NEVER do it alone. After completing the inspection, list any corrections you and your adult family member made.

Home Inspector Checklist

First, you and a family adult locate unsafe conditions and eliminate all hazards promptly. These questions will help with your home inspection. Answer each question “yes” or “no”. When done, talk with the family about how you can correct the problems with a “no” written beside it.

1. Does your family have a strong, safe stepladder for reaching heights?
2. Are halls and stairways safe and well lighted?
3. Are precautions taken to prevent rugs from slipping, particularly on polished floors?
4. Is a rubber mat provided for the bathtub to prevent slipping?
5. Are metal boxes provided for storing matches out of reach of children?
6. Does your family have a screen in front of any open fireplaces?
7. Are your furnace and stovepipes clean?
8. Are all gas pipes and fixtures tight, to prevent leaks?
9. Is there a locking cabinet for storing poisons and medicines out of reach of children?
10. Are emergency numbers for police, fire and poison control handy by the telephone?

Next, discover and correct unsafe habits, which you or your family may have.

1. Are toys, brooms, soap, and other articles kept off stairs and walks?
2. Is ice, snow, grease, or other slippery substances removed from stairs and walks promptly?
3. Do you go out of doors to use flammable cleaning fluids?
4. Have the children in your home been taught the danger of playing with knives, scissors, bottles, and matches or near stoves and open fires?
5. Do you always check twice to be sure appliances are off before leaving the house?
6. Are there proper containers in the home for cigarettes? If anyone smokes in the home encourage them to quit, for their own and the family’s health.
7. Is the dryer lint filter cleaned after each load?
8. Do you know how to use tools safely, and are they stored properly?
9. Are firearms kept unloaded in a locked box? Is ammunition stored in a separate locked box?
10. Are plastic bags and plastic materials kept out of reach of young children?

THIS IS WHAT MY FAMILY DID TO CORRECT UNSAFE CONDITIONS IN OUR HOME:
